



DEAR RAIDERS OF THE RL60,

Time goes fast, in **38 days** we will see you already at the **start** of RL60. We assume that your training goes smoothly, that the roles within the teams are discussed and that you are looking forward to it as much as we do! It's going to be a great adventure, as you may expect from us! That's our promise.

NEWSLETTER 2

In this newsletter, we want to take you through the Saturday's timeline and a Team captains online meeting is scheduled. The information in this newsletters can also be read on our website *raidlowlands.com*.

If you have any questions as a result of this newsletter, feel free to contact us via email, Instagram or Facebook.

TEAMCAPTAINS ONLINE MEETING

First things first. On **Thursday the 18th of April**, we are hosting a **Team Captains Online Meeting at 20.00h till 20.45h**. For this meeting we will invite all team captains. The meeting will be recorded and shared with you, so in case you unexpectedly cannot attend, you can always watch it back.

Team Captains Online Meeting Thursday 18th of April – 20.00h-20.45h

Link to online meeting:

https://teams.microsoft.com/join/19%3ameeting_NzlwZDk5ZDktYzc4OS00ZDBILTgxZGIYjEzN2I1ZTUwMjMy%40thread.v2/0?context=%7b%22id%22%3a%221774c365-a092-489a-bc22-4f62ea0b1eda%22%2c%22oid%22%3a%22d1d14e59-3760-44e4-960a-58ece55ea0c4%22%7d



SHIMANO

TIMETABLE

Saturday 11th of May

- 07.15h: Start Race Registration, gear checks and bike checks
- 08.30h: End of Race Registration, gear check and bike checks
- 08.40h: Welcome & Race Briefing
- 09.00h: Biking to race starting location
- 09.30h: Race start
- 17.30h: All teams in/ end of race
- 18.00h: Price ceremony (as soon as result is known)

PRICE CEREMONY

This year there will be three categories: Male, female and mixed. The top three teams in each category will be called out for the price ceremony. For all finishing teams there will be food and a drink at the finish line.

MANDATORY EQUIPMENT LIST

The mandatory equipment list is **updated on the website**. Make sure you take note of the equipment list and that you have all the items as they will be checked upon registration. For the MTB lights, the front light will need to be strong so you can bike in the darkness. I.e. a flickering LED will not be enough. For the rear light any red light will do.

BIKE RENTAL

In newsletter 1 we informed you that MTB's can be rented at the Shimano Experience Center. Their stock has reached the limit for the weekend so we found another partner that has enough MTB's for the event.

Cycle Center Par'Course

On the Par'Course terrain in Valkenburg opposite the Shimano Experience Center is a Cycle Center situated. It has MTB rental services as well as bike service and spare parts. The mechanics have a broad experience in MTB's and are able to make last minute fixes if your bike doesn't arrive in Valkenburg as planned.



The advertisement for Cycle Center Par'Course Terrain features a blue background with white and red text. At the top, the logo 'CYCLE CENTER' is written in a stylized font, with 'TWEEWIELER VERHUUR' underneath. Below the logo, three circular icons are arranged vertically, each with a red border and a white background. The first icon shows a bicycle, followed by a wrench and screwdriver, and then a hand holding a gear. To the right of each icon is a bold heading and a short description. At the bottom, a dark blue box contains the contact information for the Cycle Center Par'Course Terrain.

CYCLE CENTER
TWEEWIELER VERHUUR

- Bike Rental**
Explore the region by bike!
- Service**
Quick setup or repairs can be done directly
- Sale**
Of Shimano parts and accessories

Cycle Center Par'Course Terrain
De Leeuwhof 21, Valkenburg
Tel. +31 43-601 5338 - www.cyclecenter.nl



TACTICAL FOODPACK

Tactical Foodpack is a new and much appreciated partner of the ARWS European Series. The idea for Tactical Foodpack came from a medic in the Estonian Special Operations Force who in his everyday work was faced with complicated conditions that put both physical and mental health to the test. The moments where one could take time out and enjoy a quick snack in the company of one's team mates became more and more valuable.

Especially having to spend long periods of time away from home. These are the moments that allow you to travel down memory lane, home once again, thinking of all your loved ones, drawing strength to keep going. Your team mates are an immense source of support. This is a very nice parallel to adventure racing!

Therefore, they have created a product line that offers a long shelf-life with no added preservatives or additives – it's all natural, honest, and has a home-made feel to it. Just pour hot water on the food, wait a beat, and enjoy delicious flavors straight from the pouch.

On behalf of **Tactical Foodpack** we may offer you a nice discount code (-20%) for products of this high quality brand, use the code **TacticalLOWLANDS** on their website: www.tacticalfoodpack.com

Good luck with the training and preparations and see you soon!

Cheers, Team XPD Holland – Race Director of RL60

